

Spring Shoots & Seeds Cooking Demonstration

Event Date:

Thu, Apr 17, 2014

Adrienne Cook, Gardening and Cooking Writer and Danielle Cook, MS, Nutritionist and Cooking Instructor

Picked at just the right time, asparagus and peas are the most sublime harbingers of spring. One is nutty and grassy; the other is sweet and crunchy. Combine them or cook them separately, but don't miss out on these treats, showcased by the Cook Sisters. **Please note:** This program will be offered at 12 p.m. and repeated at 12:45 p.m. on each day.

Date: Thursday, April 17

Time: 12 p.m. to 1:30 p.m.

Location: Conservatory Garden Court

FREE: No pre-registration required



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